



**MENTAL HEALTH**  
Education and Training Network



▶ A comprehensive one day course for all health and social care professionals

## Eating Disorders Training Course

### Schedule

9.00am Registration & coffee

9.30am Course commences

4.30pm Course closes

▶ **Thursday 24th October 2019 - Manchester**

▶ Eating Disorders are becoming more prevalent and severe. Sufferers are presenting in all different arenas, from primary care, through to acute care and specialist services as well as schools, colleges and universities. These patients are high risk and complex, and can be challenging to manage.

Due to the complexity of the condition, clinicians, allied health professionals and care-givers across all domains, require skill, knowledge and confidence to help sufferers with eating disorders.

Our one-day training course includes eating disorder diagnosis, classification, aetiology, management of very high-risk cases, an overview of clinical presentations including risk assessment, treatments of eating disorders, clinical scenarios, an overview of the use of the Mental Health Act, mental capacity issues, decision making and recent case law.

▶ This training day will provide you with an overview of the range of eating disorders commonly seen. The following questions will be explored:

- How do I know if someone has an eating disorder?
- What are the features of the different types of eating disorders?
- Why does someone get an eating disorder and why is it so hard to treat?
- What are the signs, symptoms, and risks of eating disorders?
- How do I help someone with an eating disorder?
- How do I treat someone with an eating disorder?
- What help is available for someone with an eating disorder?
- What are the risks?
- What is MARSIPAN?
- What about the MHA, MCA and Court of Protection? Are there any other legal aspects?
- How do I assess someone with an eating disorder under the MHA and what drives the decisions?

### Topics covered:

- Introductions and learning objectives
- Diagnostic criteria and case study discussion
- Aetiological factors - predisposing, precipitating and maintaining factors
- Why patients can be so difficult to treat
- MARSIPAN (Management of Really Sick Patients with Anorexia Nervosa)
- Typical cases of anorexia nervosa and bulimia nervosa: signs and symptoms, risk factors and advice to help form decisions
- Treatments in the community and inpatient settings

### ▶ Expert Speaker: Dr Matthew Cahill

Dr Matthew Cahill MBBS MRCPsych DipPsychMed is a Consultant Psychiatrist and Clinical Lead for the Cheshire and Wirral Partnership Eating Disorder Service. He is an elected member of the Royal College of Psychiatrists Faculty of Eating Disorders Executive Committee, a member of the North West regional MARSIPAN (Management of Really Sick Patients with Anorexia Nervosa) Group, and an Honorary Clinical Tutor at Liverpool University. He leads three community clinics and a fourteen-bedded eating disorder inpatient unit covering a population of four million. Matthew treats patients with a range of eating disorders including anorexia nervosa, bulimia nervosa, binge eating disorders amongst others, working in a multidisciplinary approach, sharing skills with dietitians, social workers, psychologists, eating disorder practitioners and occupational therapists. He works closely with families and carers. Matthew understands how devastating these disorders can be for the individual, those close to them, and clinicians involved with their care, and he is passionate about sharing his knowledge and experience to help anyone manage these complex illnesses.

### ▶ Target audience / who should attend:

All psychiatrists, GPs, mental healthcare professionals, social care staff and other health care professionals who work with eating disorder patients.

### ▶ Learning modes

The course will be delivered using a range of learning modes including: presentation, discussion, Q&A and group case study work.

- The evidence base - medication options, different therapies
- Behaviours to look out for in complex cases.
- The influences of media, pro-anorexia websites, social media etc. and the impact on carers
- Treatment options for the future including deep brain stimulation
- Case study discussion
- Legal aspects which including use of MCA, MHA, advanced decisions, CTOs, and capacity within eating disorders
- High profile cases and complex cases

### ▶ Accreditation

This course is awarded 6 CPD hours subject to your peer group approval and in line with RCPsych guidance. Delegates will be required to attend the whole course and register at the start and close of each day in order to gain their certificate of attendance and their CPD points.

### ▶ Course Fee

**£295 +VAT per delegate** including course materials, lunch and refreshments.

For more information and enquiries please contact us on **0113 257 2139**  
or email [enquiries@etnetwork.co.uk](mailto:enquiries@etnetwork.co.uk) or visit our website [educationandtrainingnetwork.co.uk](http://educationandtrainingnetwork.co.uk)

# Eating Disorders Training Course

## > Delegate booking form

Enquiry date .....

Booking date .....

### ▶ How to book

**Online:** [www.educationandtrainingnetwork.co.uk](http://www.educationandtrainingnetwork.co.uk)

**Tel:** 0113 257 2139      **Fax:** 0113 257 8159

**Post:** Education & Training Network, Design House,  
1 Coal Hill Lane, Leeds, LS28 5NA

### ▶ Your details *(block capitals please)*

Title: ..... First name: .....

Last name: .....

Job Title: .....

Department: ..... Speciality: .....

Organisation: .....

Location/place of work: .....

.....

.....

Email (for all correspondence): .....

Telephone & Mobile Number: .....

Diet or special requirements: .....

Have you previously attended an ETN course? Yes  No

How did you find out about this course?: .....

I am happy to receive ETN's future course information  Please tick.

Occasionally, ETN would like to send you exciting news and information about our events and services. We will treat your data with respect and you can locate our T&Cs on our website. You can unsubscribe at any time.

### ▶ Dates

**Thursday 24th October 2019**  
**- Manchester**

### ▶ Course Fee

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including course materials,  
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### ▶ Contact us

**Education and Training Network**

**Tel:** 0113 257 2139

**Fax:** 0113 257 8159

**Email:** [enquiries@etnetwork.co.uk](mailto:enquiries@etnetwork.co.uk)

## ▶ Information about your booking

**Confirmation of registration:** All bookings will be confirmed in writing. Online bookings will receive an automated confirmation email/receipt. Joining instructions will be sent as soon as possible. We reserve the right to change the programme without prior notice. Where for any reason, beyond its control, ETN cancels an event, the liability of ETN shall be limited to a refund of the fee payable to ETN for that event. You may wish to take out insurance against cancellation.

**Cancellation and refunds:** All cancellations must be submitted in writing. If verbal cancellations are given, a written communication must follow immediately. If written cancellation is received more than 4 weeks before the event a 80% refund will be given, between 4 weeks and up to 14 days a 50% refund will be given, within 14 days of the event, no refund will be given. Should you be unable to attend, a substitute delegate may attend in your place. Late cancellations may incur additional charges.

**Changes to an order/booking:** All changes in delegate bookings will be subject to an administration fee.

**Accommodation:** If required, delegates will need to book their own overnight accommodation. There are a number of websites that offer accommodation deals eg [www.laterooms.co.uk](http://www.laterooms.co.uk), [www.booking.com](http://www.booking.com), [www.lastminute.com](http://www.lastminute.com).

## ▶ Payment information

**By cheque:** a cheque for £..... is enclosed. (Made payable to Education and Training Network UK Ltd)

**By BACS: Barclays Bank Sort Code: 20-48-95 Account Number: 53873218.** Total payment: £.....

**By debit/credit card** (you can also book online using your card). Please enter your credit card details as they appear on the card. Please debit my visa/mastercard/switchcard (delete as appropriate)

Cardholder's Name: ..... Card Number: .....

Start Date: ..... Expiry Date: ..... Issue No (switch only): ..... 3 Digit Security No: .....

Card address (if different from above) .....

**By Purchase order/Invoice:** Please provide the contact details (lead name and telephone number) of the person who will be responsible for the financial reconciliation and full payment of your fee. We must receive a purchase order prior to ETN raising an invoice and payment must be received before the event. Alternatively, your place can be guaranteed with your personal charge card details.

Lead Contact: ..... Contact Number: .....

**Organisations:** Please email a BACS Remittance Form / Purchase Order Form as confirmation of payment to [admin@etnetwork.co.uk](mailto:admin@etnetwork.co.uk) including event name, date and the names of the relevant delegate(s).

**Please add the event & date and delegate name as your payment reference.**

**Individuals: Please add your name and event date as your payment reference.**

Your payment will be processed via Sage Pay and your details will not be stored after successful processing.